



## OF MENTALITY

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### ABSTRACT:

Someone guides mentality. Someone is guided by mentality. The former person is confident. He is strict in nature. It is his merit. The latter one is flexible. He is quite social. He is amiable in disposition. He can easily be molded. It is his merit. Tenderness is his mentality. As such he has no locus standee at all. It is also his demerit. Thus the paradox is that he possesses both merit and demerit simultaneously. Here lies the peculiarity of mentality rather than peculiar mentality.

### KEYWORDS:

**WAY OF THINKING, CAPACITY, MENTAL POWER, MIND-SET, OUTLOOK, STATE OF MIND.**

**PAPER ACCEPTED DATE:**

**22<sup>nd</sup> September 2024**

**PAPER PUBLISHED DATE:**

**1<sup>st</sup> October 2024**

### INTRODUCTION

Creative writing is based more on manifestation rather than on expression. It does not inform, rather it reveals. So it bears no reference. The best creative writing is critical, and the best critical writing is creative. This article is an outcome of thinking about creative writing meant for a general readership. As such, I have adopted a free style methodology so that everyone can enjoy the pleasure of reading. As you might know, Francis Bacon (1561-1626), the immortal essayist, wrote many essays namely 'Of Love', 'Of Friendship', 'Of Ambition', 'Of Studies', and so on. The multiple-minded genius correctly pointed out that all the words of the dictionary can be used as themes for essays. But little has been done since his death to continue or finish his monumental task. Bacon's unique individual style of presentation ignited my imagination and encouraged me to write creative essays as a method of relieving a wide range of emotions through catharsis.

### ARTICLE

Mentality is the characteristic way of thinking of a person or group. For example: I had inherited not only my father's blood but his bourgeois mentality as well.

It is a person's particular way of thinking about things. For example: I can't understand the mentality of people who hurt animals. He hopes that closer links between Britain and the rest of Europe will change the British mentality towards foreigners.

It is a way of thinking or the ability to think and learn.

It is the capacity for intelligent thought. For example: Machines can possess mentality.

It is mental power or capacity. It implies intelligence. It is

mode or way of thought

It is mental capacity or endowment e.g., a person of average mentality.

It is the set of one's mind i.e., mind-set. It implies view. It is outlook e.g., a liberal mentality.

It is cast or turn of mind e.g., a vindictive mentality.

It is mental capacity, power, or activity. It implies mind.

It is the sum of a person's intellectual capabilities or endowment.

It is mental attitude or outlook. It is state of mind.

It is a particular attitude or way of thinking; especially one that you think is wrong or stupid. For example: I can't understand the mentality of the people who are behind this kind of violence.

Mentality is not static. It is quite dynamic. It is constantly changing. Also it causes change of mood and motive of any person. To someone change is slow. To another one it is quick. Both are personality traits and unique in nature. It varies person to person that makes individual difference.

Mentality highlights the state and status of any concerned person for a particular point of time. It causes both fame and ill-fame. Someone cares for public opinion. He is quite sensitive. Someone bothers it not. He is bold. He is proud more. Pride goes before a fall. Someone knows it. The paradox is that sometimes he cares. Sometimes he cares it not. He cares if he likes. He cares not if he likes it not. Thus his mood and motive are gloriously so uncertain.

Someone knows it not. As such question of caring does not arise.

Thus there are two types of persons. The first category can change his mentality. He controls his mentality. The second type cannot change his mentality, rather mentally changes him. His mentality controls him.

Generally, mentality is a negative term. Its essence is derogatory in nature. It is used to state the inner nature of any person. Mentality is a personality trait. Different communities have different mentality. It highlights the place or region. Two persons of identical community may possess different mentality. It seems the two persons have been influenced by different culture. It seems the difference in outcome is due to cultural invasion that acts slowly but with steadiness.

Similarly two persons hailing from two different socio-economic status may possess identical mentality being influenced by any other culture other their own.

Good mentality of a bad person and bad mentality of a good person are quite confusing. The former may be a trap that cheats an innocent soul. And the latter one is a caution. The good person shows badness to punish the evil person. Obviously, both the mentalities may be changed later on under influence of different culture.

Good mentality of a cultured person is not news. Rather good mentality of an uncultured person is definitely news. He did not inherit it. To acquire it he had to walk thousand weary miles. It matters. It is commendable. It amazes. It is surprising.

Mentality is all and everything. Only a wise knows it. A fool knows it not. Knowledge is power. Power protects. It saves. It secures.

Good mentality is alias and akin to good will. And good will is like virtual cash and sky is its limit. A moneyed man without good will cannot exist for long. A poor man with good will enjoys peaceful long life.

A man is known by his behaviour. Similarly, a man is known by the company he keeps. It is equally true in case of mentality.

Good mentality is the chief ingredient of an elevated soul. It is solely responsible for the rise and fall of any person.

Good mentality attracts good person. Even the bad persons become good by dint of the goodness of the elevated soul. Similarly, goodness of a gentleman disappears by the bad culture of the degraded soul.

Good mentality escorts from dark to light. He prospers. Bad mentality escorts from light to dark. He suffers. Someone likes the former. Someone likes the latter one. Both are diagonally opposite regarding philosophy towards their lives. In every moment the difference doubles and in course of time the gap becomes much.

Habit is the second nature. Man cannot change his nature but he can change his habit. In course of time his nature is changed by the changed habit. Similarly, change of mentality i.e., from bad to good is possible.

Conversion from good to bad is easier. To be bad no effort is required. Situation degrades automatically like decaying

of anything. In contrast to be good from bad is quite difficult. It is more difficult to hold it for long. The person experiences backward pull. Very few persons can overcome this negative force and move forward.

Climbing a hill is difficult and going downward is too easy. To be ethical and hold moral values need stamina. It is not the business of a weak heart. Water always goes downward. Thus going down needs no effort. It happens automatically due to gravity. This equally happens in case of good and bad mentality.

A machine becomes defunct and goes out of order permanently if it does not work regularly. Static is easy dynamic is difficult. The former needs no effort. The second one happens through constant force. Whenever force is withdrawn the body again regains its previous static state. It is the common practice of inanimate object. Similar mentality is also seen in case of animate creature i.e., human being also.

Though good mentality is tender in nature immense is its power. It can conquer the head and heart of the tough opponent and sometimes an enemy even. It can manage any awkward situation.

A miser is a man of poor mentality. He deprives others. Even he deprives himself. Deprivation gives birth to capital. His capital remains unenjoyed. He pleads that it is better to die leaving asset rather than liability. The other school of thought advises to enjoy life long since this life is only for once. It does not believe in rebirth. It wants to drink life to the lees. It pleads that when you can afford, avail it. When you have scarcity spends cautiously. Life has its ups and down. It is not a bed of roses. The experienced person possesses practical mentality.

A poor man may have wide heart. He may be broad-minded. He may donate his cottage to a homeless vagabond even. He is rich in mentality or his mentality is rich. The wearer knows where the shoe pinches. Similarly, he knows the sufferings of have-nots.

Low mentality isolates a person. Everybody leaves him. He is avoided by all. None laughs for him. Rather everybody laughs at him. In course of time he loses everybody and everything.

Mean minded degrades a soul. Such a soul suffers till he breathes his last. He is self-imprisoned. None comes forward to rescue him for his meanness. Only he can free himself from the self-created crisis. He is singularly liable for his acquired pathetic plight.

Degraded soul can never shine in life. It causes degradation of an elevated soul even. Misfortune dogs him wherever he goes. Only good mentality can rescue himself from this downfall. It is a difficult job. But it is possible to a sincere optimist.

Evil soul always thinks negative. It enjoys destruction. It becomes active just with the sun set. It likes darkness. It is afraid of sun rise. It cannot bear welfare of anybody. It enjoys sadistic pleasure. It seems it likes not the welfare of itself even. It is so cursed. It deals with deprivation. It is so

uniquely tuned. It always deals with the negative factor of human beings.

Selfishness is the characteristic nature of an opportunist. He always waits for chance to fulfil his own gain. Profit is his only single agenda. He knows chance comes once. He leaves no stone unturned to realise his ambition by hook or by crook i.e., by any means either fair or foul. He is self-imprisoned. When other persons around him can realise it he is avoided by all and everybody. He is simply deserted.

Self-centered cannot think beyond self. He is interested only with self. Whether other people will exist or not it matters little. It seems he wants to live alone. Loneliness is his ever companion. Singleness is his mentality. He is so uniquely tuned. It seems unguarded childhood coupled with unshaded infant offered him such unique personality.

Personal gain is the single agenda of an evil soul. He is not impartial. He is partial to his self-interest. Profit is his sole objective.

Good man with bad mentality and bad man with good mentality do not match. None believes a bad person. If a good person becomes bad he is not believed later on easily. Badness means black listed. It is difficult to be white listed again. Black enjoys overriding effect over white. If belief is lost once it is difficult to regain the lost status. None wants to take the risk believing a liar. None wants to believe a person with bad mentality either present or past. Here mentality is the main factor in spite of his present good record which was bad once in the past.

Consistently good track record is valued much in every sphere of life. One must have good mentality by default like a computer. Good mentality implies good will which is alias and akin to virtual cash. Virtual cash has no limit. Sky is the limit.

Good mentality implies pleasing personality. It conquers with smiling face. It costs nothing but achieves free of cost. Immense is its face value.

The mentality of a good person is known. Also the mentality of a bad person is known. The third type sometimes behaves well and sometimes behaves badly. He behaves well if he likes. He behaves badly if he likes not. He bothers the sentiment or expectation of others. He is so unpredictable. Thus his mood and motive are gloriously so uncertain. His mentality is so vacillating.

### CONCLUSION

Someone guides mentality. Someone is guided by mentality. The former person is confident. He is strict in nature. It is his merit. The latter one is flexible. He is quite social. He is amiable in disposition. He can easily be moulded. It is his merit. Tenderness is his mentality. As such he has no locus standee at all. It is also his demerit. Thus the paradox is that he possesses both merit and demerit simultaneously. Here lies the peculiarity of mentality rather than peculiar mentality.

### REFERENCES

No reference, since the present article is an outcome of Creative Writing